|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Shot No.1a | N:\My Pictures\Long Shot.png | Type of Shot  LS | Dialogue/Voice over – Sound – Camera Movement  See a spec of Alex jogging by the sports hall. | Timing  3 Sec |
| Edit: | |
| Shot No.1b | N:\My Pictures\Medium  Shot.png | Type of Shot  MS | Dialogue – Sound – Camera Movement  Camera gets closer for a Medium shot of Alex jogging by the sports hall. | Timing  3 Sec |
| Edit: | |
| Shot No.1d | [Image result for cartoon sergeant](https://www.google.co.uk/url?url=https://www.123rf.com/stock-photo/army_cartoon.html&rct=j&frm=1&q=&esrc=s&sa=U&ved=0ahUKEwib3JXJop_MAhVE6xoKHal2AaMQwW4IKjAK&usg=AFQjCNH1hCRSdWkCN7Ql9oOqP-nfcJiUjQ) | Type of Shot  MS | Dialogue – Sound – Camera Movement  After Lenny and Billy popped up at Alex earlier they shout at Alex saying we’re going to show you what real training is. | Timing  5 Sec |
| Edit: | |
| Shot  No.2a  N:\My Pictures\Pathetic push ups.png | | Type of Shot | Dialogue – Sound – Camera Movement  Alex is stressing out while Billy and Lenny are shouting at him going “keep going”, “did we tell you to stop”. | Timing |
| Shot  No.2b  [Image result for fainting](https://www.google.co.uk/url?url=https://valleyoccupationalmedcenter.wordpress.com/2014/04/25/first-aid-fainting/&rct=j&frm=1&q=&esrc=s&sa=U&ved=0ahUKEwjowPfBo5_MAhUEVhoKHYHYAnQQwW4IJDAH&usg=AFQjCNGp-89VziRhJUUXPyVWGvVqhsfI_A) | | Type of Shot | Dialogue – Sound – Camera Movement  Alex falls down and faints. | Timing |
| Shot No.3a | [Image result for handing snickers](http://www.google.co.uk/url?url=http://ja.klear.com/profile/SNICKERS&rct=j&frm=1&q=&esrc=s&sa=U&ved=0ahUKEwiot8C6p5_MAhVD6xoKHe3_C0oQwW4IIjAG&usg=AFQjCNFSUTYv7_dMhe5AWi-0x2CsMT8Cvw) | Type of Shot  CS | Dialogue – Sound – Camera Movement  Alex pathetically doing push ups Lenny bends over to him passing him a snickers saying “your pathetic when your Hungry”. | Timing  6 Sec |
| Edit: | |
| Shot  No.3b  N:\My Pictures\Better 2.jpg | | Type of Shot | Dialogue – Sound – Camera Movement  Alex then starts to eat the snickers when Billy says “eat your snickers”. | Timing |
| Shot No.3c | N:\download.jpg | Type of Shot  CI | Dialogue – Sound – Camera Movement    After Billy say’s better Alex then responds with “Better” then he begins pushing himself to the limit. | Timing  3 Sec |
| Edit: | |
| Shot  No.3d | | Type of Shot | Dialogue – Sound – Camera Movement  Voice pops up saying “You’re not you when you’re hungry. Snickers get some NUTS”. | Timing |